

Maharashtra State Powerlifting Association
 SENIOR (EQP) POWERLIFTING Championship
 DNYANESHWAR VIDYALAY, MUMBAI :- 29th & 30th June 2024

Detailed Results

No.	Name	District	BD. Wt.	SQ1	SQ2	SQ3	BEST[PL]	BP1	BP2	BP3	BEST[PL]	DL1	DL2	DL3	BEST[PL]	TOTAL	PLACE	
MEN																		
OPEN																		
59Kg - OPEN																		
1	ABHISHEK MANE	SANGLI	46.80	40X	40X	40X												
ELIMINATED																		
2	ANUSH CHANDAVALE	PUNE	56.50	160X	160	170X	160	90	97.5	102.5X	97.5	150	165	172.5X	165	422.5	6	
3	YOGESH GUND	MUMBAI	59.00	177.5	187.5	195X	187.5	117.5	125	130	130	170	180X	185	185	502.5	5	
4	VAIBHAV JADHAV	SUB MUMBAI	59.00	210	220X	227.5X	210	137.5	142.5	150X	142.5	210X	210	215X	210	562.5	4	
5	PRASHANT DHUMDE	THANE	59.00	225	237.5	245X	237.5	125	132.5	140	140	210	220	230X	220	597.5	3	
6	NEERAJ YADAV	SUB MUMBAI	59.00	230	242.5	250	250	132.5	142.5	147.5	147.5	215	227.5	235X	227.5	625	2	
7	DHARMENDRA YADAV	MUMBAI	59.00	235X	235	247.5	247.5	155	162.5	167.5	167.5	225X	225	235	235	650	1	
66Kg - OPEN																		
1	SHREYAS PHATAK	SANGLI	65.60	40X	40X	40X												
ELIMINATED																		
2	OM BARBATE	THANE	60.60	170	185	195	195	80X	80	N.T.	80	180	195	205X	195	470	4	
3	SAHIL UTEKAR	MUMBAI	66.00	255	267.5	277.5	277.5	160	167.5	172.5	172.5	245	255	260X	255	705	2	
4	AMOL KARGUTKAR	SUB MUMBAI	65.90	260	267.5X	267.5X	260	130	137.5	140X	137.5	242.5	252.5	257.5X	252.5	650	3	
5	VENKATESH KONAR	SUB MUMBAI	65.70	280	290	300X	290	155	160	162.5	162.5	270X	270	275	275	727.5	1	
6	SAURABH GADGE	NAVI MUMBAI	65.90	150	160X	160X	150	85X	85	90X	85	160	170	180	180	415	5	
74Kg - OPEN																		
1	GANESH PATIL	SANGLI	74.00	90	92.5	110X	92.5	80	100X	100X	80	120	N.T.	N.T.	120	292.5	7	
2	RITESH KASARE	PUNE	73.50	200	212.5	222.5	222.5	130	137.5X	137.5X	130	190X	190	200	200	552.5	5	
3	SURAJ SINGH	MUMBAI	72.90	200X	210X	230X												
ELIMINATED																		
4	MAYUR HODGE	NAVI MUMBAI	74.00	200X	200	210X	200	110	125	130	130	200	220	240X	220	550	6	
5	ABHISHEK PATANKAR	THANE	73.10	220	237.5	247.5X	237.5	145	150	155X	150	220	232.5	250X	232.5	620	4	
6	DEEPAK SAHOO	PALGHAR	72.90	225	237.5X	242.5	242.5	140X	140	150	150	230X	230	242.5	242.5	635	3	
7	VAIBHAV THORAT	SAMBHAJI NAGAR	69.80	225	240	250X	240	147.5	170	180X	170	230	242.5X	247.5X	230	640	2	
8	PRANJAL PATEKAR	THANE	73.40	245	257.5	267.5	267.5	130	137.5	142.5	142.5	240X	240	247.5X	240	650	1	
83Kg - OPEN																		

1	AKSHAY DIDWAGH	SATARA	82.70	240	250	260	260	150	162.5	172.5X	162.5	250	262.5X	270X	250	672.5	1
2	ATHARVA JADHAV	SANGLI	79.20	110X	110X	N.T.	ELIMINATED										
3	MOHIT GAMARE	SAMBHAJI NAGAR	78.50	200	215	225X	215	110	122.5	132.5	132.5	200	215	222.5X	215	562.5	3
4	JITENDRA YADAV	MUMBAI	83.00	250	270	280X	270	155	165	170	170	210	225	235X	225	665	2
5	SWAPNIL CHANDANSHIVE	PUNE	83.00	210X	210	220	220	110	117.5X	120X	110	205X	205	230X	205	535	4
6	SAURABH KALLOLE	SAMBHAJI NAGAR	80.50	240X	240X	240X	ELIMINATED										
7	OMKAR BHAGAT	THANE	80.00	265X	265X	270X	ELIMINATED										
93Kg - OPEN																	
1	VISHAL SHEJALE	SANGLI	91.30	60X	60X	N.T.	ELIMINATED										
2	KUNAL RATHOD	SAMBHAJI NAGAR	84.10	185	195X	200	200	90	100	107.5X	100	190	200	210X	200	500	3
3	RAVINDRA SALVE	SAMBHAJI NAGAR	83.50	200X	220	240X	220	140	147.5	152.5	152.5	220	230	240	240	612.5	2
4	CHETAN JADHAV	PALGHAR	93.00	220X	220X	220X	ELIMINATED										
5	VIVEK SAMBRE	THANE	87.80	280X	280	300X	280	155	162.5	167.5	167.5	210	230	250X	230	677.5	1
105Kg - OPEN																	
1	SUJIT KUDALKAR	KOLHAPUR	97.30	260X	260	300X	260	180	200	212.5X	200	235	250	265X	250	710	4
2	SANKET CHAVAN	SUB MUMBAI	95.00	305X	305	317.5	317.5	205	212.5X	212.5X	205	260	275X	275X	260	782.5	3
3	ADARSH SHEWALE	SUB MUMBAI	99.30	315X	315X	320X	ELIMINATED										
4	ASHWIN SOLANKI	MUMBAI	104.80	325	335X	335X	325	192.5	200X	200X	192.5	290	300	307.5X	300	817.5	2
5	GANESH TOTE	RAIGAD	104.60	340X	340X	340X	ELIMINATED										
6	RUTURAJ PATIL	KOLHAPUR	101.60	345	367.5	372.5X	367.5	205X	205X	205	205	280	310	332.5X	310	882.5	1
7	VARUN GAIKAR	THANE	101.80	160X	160	N.T.	160	100	112.5	120X	112.5	140	160	N.T.	160	432.5	5
120Kg - OPEN																	
1	JEETEN RANE	SUB MUMBAI	105.30	330X	340	355X	340	165	172.5	177.5	177.5	285X	285	290	290	807.5	1
2	AJINKYA PADVANKAR	MUMBAI	107.50	300X	300	312.5	312.5	195	205X	205X	195	285	295X	297.5X	285	792.5	2
3	RAKESH PATIL	NAVI MUMBAI	120.00	200	N.T.	N.T.	200	110	130	145X	130	180	200	N.T.	200	530	4
4	RAJESH SHETYE	MUMBAI	111.30	240	247.5	252.5X	247.5	117.5	125	127.5X	125	235	250	255X	250	622.5	3
120+Kg - OPEN																	
1	CHAITANYA SHASTRI	PUNE	124.10	190X	190X	190	190	130	140X	140X	130	170	185	195X	185	505	
2	DR. SIDDHESH KAPUDIA	SUB MUMBAI	138.90	220X	N.T.	220X	ELIMINATED										
3	HRITHIK POL	RAIGAD	122.50	145	155	165	165	102.5	110	112.5	112.5	155	167.5	177.5	177.5	455	2
WOMEN																	
47Kg - OPEN																	

1	MANSI HANDE	SUB MUMBAI	44.80	110	117.5	102.5X	117.5	50	55	60X	55	110X	110	120X	110	282.5	3
2	KAJAL BHAKARE	THANE	47.00	152.5	162.5	170	170	85	95	102.5	102.5	145	155	162.5	162.5	435	1
3	HARSHADA GHOLE	SUB MUMBAI	44.20	155	165	172.5X	165	75	77.5	82.5X	77.5	140X	140	147.5X	140	382.5	2
52Kg - OPEN																	
1	MINAKSHI JADHAV	PUNE	51.70	55	60	65X	60	30	32.5	35	35	75	82.5	90X	82.5	177.5	2
2	YOGITA GAIKWAD	SUB MUMBAI	51.90	90	100	107.5	107.5	40	50	60	60	90	100	107.5X	100	267.5	1
3	SUSHMITA DESHMUKH	THANE	51.80	167.5	175X	175	175	77.5	82.5X	82.5	82.5	167.5X	167.5X	167.5X	ELIMINATED		
57Kg - OPEN																	
1	ANANTAA BARUAH	SAMBHAJI NAGAR	56.20	60X	65X	65	65	25	30	35X	30	70	80	90	90	185	3
2	SHUBHANGI PATIL	KOLHAPUR	56.80	160	170	170	170	92.5	97.5	102.5X	97.5	165X	175	175	175	442.5	1
3	NIVEDITA KHARKAR	MUMBAI	57.00	160	170X	175X	160	105	112.5X	112.5	112.5	150X	150	157.5X	150	422.5	2
63Kg - OPEN																	
1	ANJALI YEWALE	RAIGAD	61.30	102.5X	102.5X	102.5X	ELIMINATED										
2	RAJESHRI PELENKAR	MUMBAI	61.50	130	140	150X	140	57.5	62.5X	62.5X	57.5	130	140	145	145	342.5	4
3	LAMIYA TARWADI	THANE	61.50	160	172.5X	172.5X	160	87.5	95X	95X	87.5	145X	150	155X	150	397.5	3
4	SEJAL MAKWANA	SUB MUMBAI	63.00	175X	180X	180	180	105	110	115	115	155	162.5	167.5X	162.5	457.5	1
5	ADITI SANGALE	THANE	63.00	172.5	180X	185X	172.5	92.5	80	87.5	92.5	162.5X	162.5	167.5X	162.5	427.5	2
69Kg - OPEN																	
1	SHRUTI JAHAGIRDAR	SUB MUMBAI	68.60	80	90X	90X	80	35	42.5X	42.5	42.5	80	87.5	97.5X	87.5	210	4
2	VAISHNAVI SHETTY	PUNE	67.70	150X	160X	160X	ELIMINATED										
3	ADITI PARSHETTY	PUNE	67.30	150X	150X	150X	ELIMINATED										
4	PRIYA KANDALKAR	SUB MUMBAI	65.20	152.5	162.5X	162.5	162.5	80	87.5X	87.5	87.5	130	147.5	150X	147.5	397.5	3
5	PRERNA SALVI	THANE	68.60	187.5	197.5	205	205	102.5	110	115	115	167.5	172.5	177.5X	172.5	492.5	2
6	AKSHAYA SHEDGE	NAVI MUMBAI	68.40	200	212.5	220	220	105	112.5	115	115	185	192.5	200	200	535	1
76Kg - OPEN																	
1	TRUPTI SAWANT	MUMBAI	73.20	115	122.5	130	130	75	82.5	87.5	87.5	110	120	125X	120	337.5	3
2	RUBI DAS	MUMBAI	71.20	175	185X	185	185	82.5	90X	90X	82.5	160	170X	N.T.	160	427.5	1
3	SEJAL MOIKAR	PUNE	73.50	175	185X	185X	175	95	102.5X	102.5	102.5	140X	150X	150	150	427.5	2
84Kg - OPEN																	
1	SHIVAM GURAV	PUNE	81.80	90	95	102.5	102.5	45	50	55	55	110	120	130	130	287.5	3
2	PRATIBHA LONE	THANE	81.40	165X	165X	165	165	70X	70	75X	70	140	152.5	162.5X	152.5	387.5	2
3	ASHLESHA GUDEKAR	SUB MUMBAI	83.90	210X	210X	210	210	100	107.5	112.5	112.5	180	192.5	200	200	522.5	1

84+Kg - OPEN

1	MRUNALI BHONG	PUNE	84.60	150X	150X	150	150	77.5	82.5	87.5X	82.5	130	140	150X	140	372.5	1
2	SUPRIYA MALWADKAR	PUNE	88.70	90	100	110X	100	50	55	62.5X	55	90	110X	110X	90	245	3
3	VAISHALI TANDEL	MUMBAI	87.10	120X	120	127.5	127.5	45	52.5	55	55	120	135X	135X	120	302.5	2
4	SHREYA BORDAWEKAR	MUMBAI	148.10	210X	210X	210X											

ELIMINATED

STRONG MAN

OPEN (MEN)	VENKATESH KONAR	SUB MUMBAI
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STRONG WOMAN

OPEN (WOMEN)	KAJAL BHAKARE	THANE
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TEAM CHAMPIONSHIP (MEN)

WINNER	OPEN	SUB MUMBAI
RUNNER UP	OPEN	MUMBAI

TEAM CHAMPIONSHIP (WOMEN)

WINNER	OPEN	THANE
RUNNER UP	OPEN	MUMBAI