

Maharashtra State Powerlifting Association
Senior POWERLIFTING Championship
LALIT KALA BHAVAN, NAIGAON, MUMBAI:- 20th & 21st JULY 2019

Detailed Results

No.	Name	District	BD. Wt.	SQ1	SQ2	SQ3	BEST[PL]	BP1	BP2	BP3	BEST[PL]	DL1	DL2	DL3	BEST[PL]	TOTAL	PLACE
MEN																	
59Kg - OPEN																	
1	SUSHANT KADAM	SATARA	55.34	40	60/	60	60	30	35	40/	35	60	80	95/	80	175	7
2	SHIVRAJ PATIL	SATARA	53.12	40	60	65/	60	40/	40/	40/		ELIMINATED					
3	SHUBHAM KUMBHAR	SATARA	49.00	50/	50	55	55	40	45	47.5/	45	80	85	90	90	190	6
4	PRAJWAL SHELAR	PUNE	51.89	145/	145/	145	145	65	72.5	75	75	145	150	152.5/	150	370	5
5	MAHESH PATIL	RAIGAD	58.47	150	160	170/	160	75	80	85	85	150	160	165	165	410	4
6	BIMAL THAPA	SUB-MUMBAI	57.57	210	230	245	245	110	120	125/	120	205	215	230/	215	580	3
7	DHARMENDRA YADAV	MUMBAI	58.40	225	237.5	245	245	150	57.5	162.5	162.5	215	227.5	232.5/	227.5	635	1
8	SACHIN BETKAR	THANE	58.90	230	237.5/	237.5	237.5	155	160	165/	160	225	230/	235/	225	622.5	2
66Kg - OPEN																	
1	JUNED SAYYED	SATARA	64.80	50	70	75	75	40	45	47.5	47.5	80	100	110	110	232.5	6
2	SIDDHESH KAJROLKAR	PUNE	64.47	205	217.5	227.5	227.5	95	102.5	112.5	112.5	205	217.5	240/	217.5	557.5	5
3	MANOJ CHAUDHARI	RAIGAD	65.27	200	220/	220	220	140	152./	155	155	180	190	205/	190	565	4
4	NILESH BHOIR	PALGHAR	65.98	230	235/	235/	230	130	142.5/	142.5/	130	200	210	220	220	580	3
5	ABHIJEET GURAV	SUB-MUMBAI	66.00	275	290	300	300	150	170	175	175	235	240/	240/	235	710	1
6	SAHIL UTEKAR	MUMBAI	63.50	267.5	280/	285/	267.5	145	152.5	157.5	157.5	250	265/	265/	250	675	2
74Kg - OPEN																	
1	GAUTAM RAVARIA	NAVI-MUMBAI	67.30	60/	60	70	70	40/	40	50/	40	100	110	120/	110	220	12
2	MAYUR HODGE	NAVI-MUMBAI	70.96	130/	135	145	145	90	97.5	102.5/	97.5	160	175	180	180	422.5	9
3	ROHIT KAMBLE	RATNAGIRI	67.40	140	165	172.5/	165	60	70	75/	70	140	152.5	160	160	395	11
4	ROHAN PHAVADE	PUNE	72.95	190	200	210	210	110	120	130	130	190	202.5	212.5	212.5	552.5	8
5	AKSHAY NAVALE	MUMBAI	71.68	212.5	225	232.5/	225	120	127.5	135	135	205	220/	NT	205	565	6
6	ONKAR WANI	KOLHAPUR	73.79	240	250/	260/	240	90	100	105/	100	220/	220	230/	220	560	7
7	VIJAY SHELAR	NAVI-MUMBAI	70.34	240	200/	260/	240	140	160/	160/	140	200	230/	230/	200	580	5
8	AMAN SINGH	SUB-MUMBAI	73.17	270	290	300	300	150	160	165	165	240	255/	260/	240	705	2
9	KAMLAKAR GHODVINDE	THANE	72.40	250/	250	262.5/	250	130/	130	135/	130	230	250	NT	250	630	4
10	AKASH CHORGHE	MUMBAI	72.60	260	270/	270/	260	160	175/	175/	160	220	230/	230/	220	640	3
11	KIRAN SANAS	SUB-MUMBAI	72.93	270	290	297.5/	290	157.5	165	170	170	250	265	270	270	730	1
12	PANKAJ SARMALKAR	PALGHAR	71.30	100	120/	120/	100	90	115/	115/	90	140	150/	150/	140	330	10
13	SUNIL KONEWADKAR	KOLHAPUR	70.90	ELIMINATED													
83Kg - OPEN																	
1	RUTURAJ YADAV	SATARA	78.79	40	50	60	60	40	45	50	50	80	100	120/	100	210	8
2	RUTVIK PATIL	SATARA	79.30	50	70	90	90	50	52.5	60/	52.5	100/	120	125	125	267.5	7
3	PRAMOD PATIL	SATARA	76.87	80	85	100	100	70	72.5	80	80	100	120	130	130	310	6
4	NITIN PAGAR	NAVI-MUMBAI	79.75	140	150/	155	155	100	110	117.5/	110	180	190/	190	190	455	5
5	SHRIKANT RAUT	PUNE	81.82	190	197.5	202.5/	197.5	120	125	135/	125	190	210	220/	210	532.5	4
6	SOUTIK KAR	NAVI-MUMBAI	82.10	220/	220/	220/		ELIMINATED									
7	JITENDRA YADAV	MUMBAI	80.52	235/	235	250/	235	142.5	150	155	155	205	217.5	225/	217.5	607.5	3
8	MAHESH CHILE	THANE	80.78	240/	240/	240	240	140	147.5	152.5	152.5	215	222.5	232.5/	222.5	615	2
9	RAJESH LANJEKAR	THANE	80.79	260	270/	270/	260	160	175	187.5/	175	240	250	260/	250	685	1
10	NILESH GARATE	SUB-MUMBAI	82.84	310	340/	240	310	210	220	225/	220	260/	260/	260/		ELIMINATED	

5	SAMPADA NAGVEKAR	MUMBAI	62.50	170	180/	180	180	77.5	82.5	87.5	87.5	145	155	160	160	427.5	1
6	PRIYA KANDELKAR	MUMBAI	62.60	165/	165	172.5	172.5	87.5/	87.5	92.5	92.5	142.5	150/	150/	142.5	407.5	2
72Kg - OPEN																	
1	SMITA PATIL	RATNAGIRI	71.50	90	100	110	110	30	37.5	45/	37.5	95	105	112.5	112.5	260	5
2	CHANDRAKALA SALVI	MUMBAI	67.60	95	110	120	120	65	72.5/	72.5/	65	110	117.5	122.5/	117.5	302.5	4
3	AKSHAYA SHEDGE	PUNE	69.10	175	187.5	195/	187.5	80	87.5	90	90	170	185	202.5/	185	462.5	1
4	TAPASYA MATE	MUMBAI	71.80	167.5	177.5/	177.5	177.5	80	87.5	90/	87.5	145	155	162.5/	155	420	3
5	JANHVI SAWARDEKAR	KOLHAPUR	72.00	170	180/	190/	170	85	92.5	97.5	97.5	140	147.5	155	155	422.5	2
84kg - OPEN																	
1	SABHYA TAILANG	RATNAGIRI	81.60	60/	65	85/	65	30	35	40/	35	70	80	92.5	92.5	192.5	6
2	NIVEDITA KHARKAR	MUMBAI	74.80	120	130/	130/	120	45	52.5/	52.5/	45	105	115	122.5	122.5	287.5	5
3	LAVANYA SAMSARI	RATNAGIRI	79.00	125	135	147.5	147.5	50	57.5	60	60	110	120	125/	120	327.5	4
4	PRAJAKTA PARULEKAR	THANE	77.70	150/	160	180	180	100/	100/	100	100	120	137.5	145	145	425	3
5	ANUJA SAWANT	RATNAGIRI	83.00	175/	175	187.5/	175	115	132.5	140/	132.5	135	142.5	147.5/	142.5	450	2
6	BHAKTI AMBRE	MUMBAI	81.60	210/	210	230	230	120/	120/	120	120	160	170	180	180	530	1
84+kg - OPEN																	
1	DARSHANA JAIN	MUMBAI	88.10	60/	60	70	70	32.5	35	40/	35	90/	97.5	105/	97.5	202.5	4
2	PRASIDDHA KHOT	AHMEDNAGAR	88.50	185	195	202.5	202.5	90	100/	100/	90	150	165	180/	165	457.5	3
3	PRATIKSHA SALVI	RATNAGIRI	84.10	190	202.5	212.5/	202.5	95	102.5/	102.5/	95	162.5	167.5	172.5	172.5	470	2
4	SHREYA BORDWEKAR	MUMBAI	124.00	200/	200	220	220	110/	110	115	115	170	190	200	200	535	1