

Maharashtra State Powerlifting Association
Senior EQUIPPED POWERLIFTING Championship
KOLHAPUR :- 10th DECEMBER 2021
Detailed Results

No.	Name	District	BD. Wt.	SQ1	SQ2	SQ3	BEST[PL]	BP1	BP2	BP3	BEST[PL]	DL1	DL2	DL3	BEST[PL]	TOTAL	PLACE
MEN																	
59Kg - SENIOR																	
1	TEJAS SURYAWANSHI	SATARA	57.40	30X	30	40	40	25	27.5X	40X	25	40	50	70	70	135	8
2	YASHRAJ NALAVADE	SANGLI	58.20	40X	40	50X	40	25	27.5	32.5	32.5	80	100	110	110	182.5	6
3	VIRAJ NIKAM	SATARA	58.10	40X	40	50	50	25	27.5	40	40	40	50	80	80	170	7
4	AKSHAY RATHOD	THANE	58.80	210	220	230	230	135	142.5	145X	142.5	190	205X	205	205	577.5	3
5	VISHAL PRABHU	SUB - MUMBAI	59.00	195	195	210X	195	95	102.5X	102.5X	95	190	205X	205X	190	480	4
6	PRASHANT DHUMDE	THANE	58.80	240X	240X	250	250	120	127.5	135X	127.5	210	220	230X	220	597.5	2
7	DHARMENDRA YADAV	MUMBAI	59.00	240	240	260	260	152.5	160	165X	160	225	235	245	245	665	1
8	AAKASH MHASHALKAR	SOLAPUR	59.90	60X	60X	70	70	55	57.5X	57.5	57.5	100	100	110	110	237.5	5
66Kg - SENIOR																	
1	JAYHIND BODARE	SOLAPUR	61.50	40X	40	50X	40	25X	25	60X	25	40X	40X	40	40	105	8
2	RUPESH UDEG	RATNAGIRI	65.60	130	140	160X	140	95	102.5	107.5	107.5	130	145	152.5	152.5	400	7
3	AJINKYA JOSHI	PUNE	65.90	205X	205X	205	205	125	125X	125	125	115	130	N.T.	130	460	6
4	NILESH BHOIR	PALGHAR	65.80	225X	225	250X	225	120	130	135X	130	205X	205	217.5X	205	560	5
5	SIDDESH KAJOLKAR	PUNE	65.90	242.5	255X	255	255	120	125	127.5X	125	220	227.5X	235X	220	600	4
6	AMOL KARGUTKAR	SUB - MUMBAI	65.00	240	255X	260	260	117.5	122.5	127.5	127.5	220X	225	235X	225	612.5	3
7	VIJAY FASALE	SUB - MUMBAI	65.70	255	275	285X	275	130	137.5X	137.5X	130	237.5	247.5X	247.5	247.5	652.5	2
8	SAHIL UTEKAR	MUMBAI	65.80	280	300	300	300	147.5	155	160	160	250	260	267.5	267.5	727.5	1
74Kg - SENIOR																	
1	AMAN SINGH	SUB - MUMBAI	72.80	305X	305	315X	305	155	165X	165	165	262.5	272.5X	272.5X	262.5	732.5	2
2	PRATIK UDALE	SANGLI	71.40	40X	40	50	50	30	32.5X	32.5	32.5	65X	65X	65	65	147.5	8
3	SOURABH HARE	SANGLI	71.40	100	120X	125X						ELIMINATED					
4	SUSHANT AGARE	PALGHAR	68.40	150	160X	160						ELIMINATED					
5	ADITYA KONDRA	PUNE	71.70	220X	220X	220X						ELIMINATED					
6	AKASH CHORGE	MUMBAI	73.80	270	282.5X	282.5X	270	175X	180	182.5	182.5	225	240X	240X	225	677.5	4
7	YASHWARDHAN DINDE	KOLHAPUR	74.00	290X	290	300X	290	160	167.5X	167.5X	160	250X	250	275X	250	700	3
8	SUNIL KONEWADKAR	SUB - MUMBAI	72.80	305X	305X	305	305	160	167.5	172.5	172.5	267.5	270	272.5X	270	747.5	1
9	KAILASH SHELKE	THANE	73.50	215	230	242.5X	230	125	135	142.5	142.5	215	227.5X	232.5X	215	587.5	5
10	SHARAN BIRAPLAR	SOLAPUR	73.40	70	80	95X	80	60X	60	65X	60	90	100	115	115	255	6
11	AVADHUT CHOUGALE	SOLAPUR	69.90	70X	70	80X	70	60	80X	80X	60	110	115X	120X	110	240	7
12	MAYUR HODGE	NAVI MUMBAI	73.60	160X	160X	160X						ELIMINATED					
83Kg - SENIOR																	
1	RAJVARDHAN MOHITE	SATARA	80.90	40X	50	70	70	30X	40X	40	40	50X	60	70	70	180	10

2	ANUSH KHETRE	SANGLI	83.00	60X	60X	60X	ELIMINATED														
3	ROSHAN PATIL	RAIGAD	79.70	197.5	205	215	215	120	130	137.5	137.5	180	210X	210X	180	532.5	8				
4	YASHWANT GAIKWAD	PUNE	80.00	210	225	235X	225	140	150X	150X	140	190	205	215X	205	570	7				
5	SHRIKANT RAUT	PUNE	81.70	230	245X	245X	230	145	152.5	160X	152.5	225	235	245	245	627.5	6				
6	JITENDRA YADAV	MUMBAI	82.70	250	260	275X	260	160X	160	170	170	210	230	260X	230	660	5				
7	KARTIK NAYAK	SUB - MUMBAI	82.00	270	277.5X	277.5	277.5	145X	145	150	150	260X	270	285	285	712.5	3				
8	NILESH GARATE	SUB - MUMBAI	82.90	305	322.5X	325	325	210	220	225X	220	255	265	275X	265	810	1				
9	OMKAR WANI	KOLHAPUR	82.50	305	312.5X	320X	305	155X	155X	155	155	250X	250	270X	250	710	4				
10	RAJESH LANJEKAR	THANE	80.70	270	285X	290	290	165	172.5	177.5X	172.5	240	255	260	260	722.5	2				
11	RAVINDRA SALVE	AURANGABAD	82.50	140X	150X	150X	ELIMINATED														
12	NITIN PAGAR	NAVI MUMBAI	75.90	145	150X	150X	145	100	105	N.T.	105	170	175X	N.T.	170	420	11				
93Kg - SENIOR																					
1	RISHI SOWANE	SOLAPUR	87.70	100X	100X	100	100	80X	85	95X	85	80	100	110	110	295	13				
2	VISAHL MULYE	SUB - MUMBAI	84.70	250X	260	270	270	135	140X	140X	135	220	230X	230X	220	625	5				
3	ASHWIN SOLANKI	MUMBAI	91.20	300	315	325	325	165	170	175X	170	280	300	305	305	800	2				
4	SURAJ UMRATKAR	RAIGAD	91.60	130X	140	170	170	120	130	140	140	160	190	207.5X	190	500	9				
5	SAGAR MORE	PUNE	90.40	310	322.5X	322.5	322.5	215X	215	220	220	240X	242.5X	250X	ELIMINATED						
6	ASHISH GHAG	THANE	91.90	265	275	282.5X	275	125	135X	135	135	225	240X	240X	225	635	4				
7	VIJAY SHELAR	NAVI MUMBAI	83.40	170	200	215X	200	100	110	115	115	170	200	210	210	525	7				
8	MOHAMMAD SHAIKH	SANGLI	92.10	40X	40	50X	40	20	40X	40X	20	40	60	70	70	130	15				
9	MUNNALAL KANNADE	NANDED	83.20	130	140	150	150	70	75	80X	75	170	185X	185	185	410	12				
10	SHRIRAM RAI	NAVI MUMBAI	93.00	225	230	237.5	237.5	125	132.5	140X	132.5	210	217.5	220	220	590	6				
11	SAMIR DALVI	MUMBAI	92.00	330X	330	340	340	195	200	202.5X	200	252.5	260X	262.5	262.5	802.5	1				
12	RUTURAJ PATIL	KOLHAPUR	93.00	240	250	265	265	110	122.5	127.5X	122.5	245X	245	260	260	647.5	3				
13	ROHAN CHAVAN	PUNE	91.30	210	222.5X	222.5X	210	110	120	125	125	150	160	170X	160	495	10				
14	JAYWANT SHINDE	SATARA	84.60	80	90	105	105	40	50	70	70	105X	105X	105X	ELIMINATED						
15	NILESH JADHAV	SATARA	91.90	70	100	120X	100	40	50	60	60	80	100	120	120	280	14				
16	AJINATH SHEKADE	AURANGABAD	84.20	150	165	185X	165	150	155X	160X	150	170	190X	190	190	505	8				
105Kg - SENIOR																					
1	CHETAN JADHAV	PALGHAR	96.20	220	245	265X	245	150	155X	155X	150	200	220	235X	220	615	4				
2	AJAY GUND	PUNE	104.40	235X	235	240X	235	140X	140X	140	140	180	192.5	200X	192.5	567.5	5				
3	VIKRANT GAIKWAD	RAIGAD	97.10	187.5	195	202.5	202.5	105	112.5	117.5X	112.5	187.5	197.5	202.5X	197.5	512.5	6				
4	ROHIT MHATRE	THANE	103.30	260	275	280X	275	165	175	180X	175	230	240	250X	240	690	2				
5	SANKET CHAVAN	SUB - MUMBAI	105.00	300	315	325X	315	180	190X	190X	180	260	275	285X	275	770	1				
6	AMAR CHAVAN	PUNE	100.00	265	272.5	280X	272.5	172.5	180X	180X	172.5	200	210	220X	210	655	3				
7	RIYAJ NALHAND	SATARA	100.10	70X	70	80	80	40	50	85X	50	80X	80X	80	80	210	7				
8	YUVRAJ CHAVAN	SOLAPUR	103.60	ELIMINATED																	
120Kg - SENIOR																					

1	AJINKYA PADVANKAR	MUMBAI	107.00	295	310X	330X	295	210	220	230X	220	250	270	305X	270	785	3
2	RAJAT DANGARE	THANE	113.40	300	315	325	325	175	180	182.5X	180	295	305X	315X	295	800	2
3	SAGAR MIRASHI	NAVI MUMBAI	118.80	295	305	315	315	200	207.5	215	215	280	290	295X	290	820	1
4	AKSHAY BALKAWDE	PUNE	115.80	300X	300X	300X	0				0				0	0	
120+Kg - SENIOR																	
1	MUBARAK EKSAMBEKAR	KOLHAPUR	129.50	295	302.5X	305X	295	157.5	170	177.5	177.5	270	285	295X	285	757.5	2
2	AMOL KADUSKAR	THANE	124.00	305	325	335	335	190	205	212.5	212.5	260	272.5X	272.5X	260	807.5	1
47Kg - SENIOR																	
1	KAJAL BHAKARE	THANE	46.50	152.5	162.5X	162.5X	152.5	90	97.5X	97.5	97.5	142.5	147.5	152.5X	147.5	397.5	1
2	RASIKA AVERE	SUB - MUMBAI	46.60	160	172.5X	177.5	177.5	67.5	72.5X	75X	67.5	130	135	137.5	137.5	382.5	2
3	PRANJAL NARAVADE	MUMBAI	46.90	105	112.5	120X	112.5	50	55	57.5	57.5	92.5	105X	105X	92.5	262.5	3
52Kg - SENIOR																	
1	JYOTI KANDHARE	PUNE	57.30	120	125X	125X	120	82.5	87.5X	90	90	120	132.5	137.5X	132.5	342.5	3
2	KAMINEE BOSTE	THANE	50.40	167.5	175	182.5	182.5	87.5	95X	95	95	140	150	155X	150	427.5	1
3	SUSHMITA DESHMUKH	THANE	50.30	125	135	140	140	72.5	80	85X	80	140	150	160X	150	370	2
4	SUBHANGI PATIL	.	51.80	120	130	137.5X	130	72.5	75X	75X	72.5	140	145X	145X	140	342.5	4
57Kg - SENIOR																	
1	SEJAL MAKWANA	SUB - MUMBAI	57.00	155	162.5	170X	162.5	77.5X	77.5	82.5	82.5	132.5	140	145	145	390	2
2	PADMAJA CHANNEDWADKAR	PUNE	57.00	130X	135X	135X						ELIMINATED					
3	MONALI PAWAR	THANE	54.20	145	155X	155	155	75X	75	82.5X	75	140	150X	160X	140	370	3
4	SHALINI KUDPARE	RAIGAD	55.30	75	90X	90	90	35	42.5X	42.5X	35	75	90	100X	90	215	7
5	SONAL SAWANT	KOLHAPUR	56.10	175	182.5X	182.5X	175	117.5X	117.5	120X	117.5	142.5	150	155X	150	442.5	1
6	SAMRUDDHI PATIL	MUMBAI	57.00	25	40	50X	40	25X	25X	25	25	30	50	60	60	125	9
7	NIVEDITA KHARKAR	MUMBAI	56.20	130	140	147.5	147.5	62.5	67.5	70X	67.5	117.5	122.5	130	130	345	5
8	SACHIN MORE	RAIGAD	57.00	155	165X	165	165	60	67.5X	67.5X	60	140X	140X	140	140	365	4
9	NAMRATA DESHMUKH	SUB - MUMBAI	53.90	50	N.T.	N.T.	50	45	N.T.	N.T.	45	70	N.T.	N.T.	70	165	8
10	DHANASHREE MAHADIK	RATNAGIRI	56.80	110	120X	120X	110	65	70	N.T.	70	100	110X	N.T.	100	280	6
63Kg - SENIOR																	
1	POOJA YADAV	THANE	58.10	122.5	132.5	140	140	47.5	55X	55X	47.5	120	130X	130X	120	307.5	3
2	MAITHILI TIWALE	KOLHAPUR	63.00	165X	165	175X	165	85X	85X	85	85	160	167.5	172.5	172.5	422.5	2
3	PRIYANKA KHANDE	SUB - MUMBAI	62.10	130	140	145	145	70	75X	75	75	140	150	160	160	380	5
4	SAMRUDDHI DEOLEKAR	MUMBAI	62.70	165	175	182.5	182.5	80	87.5	90X	87.5	150	162.5	165	165	435	1
5	SAMPADA NAGVEKAR	MUMBAI	63.00	150	170	190X	170	80	95	100X	95	140	155	172.5X	155	420	3
6	PRIYA KANDALKAR	MUMBAI	63.00	150	165	175X	165	85	90X	90X	85	135	142.5X	142.5	142.5	392.5	4
69Kg - SENIOR																	
1	JANHAVI SAWARDEKAR	KOLHAPUR	69.00	180	185	190	190	110X	110X	110X		ELIMINATED					
2	LAMIYA TARWADI	THANE	68.90	135	145	150X	145	60	67.5	72.5X	67.5	115	125	130X	125	337.5	4
3	AKSHAYA SHEDGE	NAVI MUMBAI	66.00	210	222.5	230	230	92.5	100	105	105	190	200	210	210	545	1

4	TANUSHREE NAIK	PUNE	67.50	80	92.5X	92.5X	80	40	47.5X	47.5X	40	80	90	100X	90	210	6
5	HRITVIKA SARDESAI	MUMBAI	67.90	155	167.5X	167.5	167.5	55	60	62.5	62.5	135	145X	145X	135	365	2
6	PRATIKSHA TAMHANKAR	SUB - MUMBAI	68.20	150	160X	160X	150	50	55	57.5X	55	135	142.5X	142.5	142.5	347.5	3
7	AISHWARYA DUDHAL	RATNAGIRI	66.20	100	110	N.T.	110	35	40	47.5X	40	85	90	97.5X	90	240	5
76Kg - SENIOR																	
1	SNEHA SHINDE	PUNE	75.80	180	187.5	195X	187.5	90X	90X	90X	ELIMINATED						
2	PORNIMA SHINDE	PUNE	74.30	185	197.5	205X	197.5	85	92.5	97.5X	92.5	140	152.5	162.5	162.5	452.5	1
3	SHRADDHA PADALKAR	RATNAGIRI	69.50	50	60	70	70	30X	30	40X	30	70	80	90	90	190	4
4	RUBI DAS	MUMBAI	71.60	140	150	160	160	70	77.5	82.5X	77.5	140	150	160X	150	387.5	2
5	ROHINI RUKE	SUB - MUMBAI	74.20	130	140	150	150	50X	50X	50	50	110	117.5	125	125	325	3
84Kg - SENIOR																	
1	GAYATRI BABAR	SOLAPUR	84.00	80X	80	85	85	30	35	40	40	85	90X	90X	85	210	2
2	PRATIKSHA SALVI	RATNAGIRI	83.00	200	217.5	227.5X	217.5	105	112.5	115	115	165X	165X	165	165	497.5	1
84+Kg - SENIOR																	
1	KAVYA KARKERA	THANE	101.20	110	125	135	135	60	67.5	72.5X	67.5	120	130	140X	130	332.5	5
2	SHREYA BORDAWEKAR	MUMBAI	126.00	200	220	235	235	100	112.5	120X	112.5	185	195X	195X	185	532.5	1
3	ASHLESHA GUDEKAR	SUB - MUMBAI	86.90	130	150	160	160	65	70	72.5	72.5	115	130	140	140	372.5	3
4	JENIFFER FURTADO	SUB - MUMBAI	94.90	150	155X	155X	150	65	70X	70X	65	100X	100	120	120	335	4
5	PRAJAKTA BETKAR	THANE	89.60	165	180	195X	180	65	80	85X	80	110	130	135	135	395	2