

Maharashtra State Powerlifting Association  
Sub-Junior, Junior & Master's Equipped Benchpress Championship  
Kamgar Krida Bhavan, Mumbai:- 2<sup>nd</sup> & 3<sup>rd</sup> November 2019  
Detailed Results

No.	Name	District	BD. Wt.	BP1	BP2	BP3	BEST[PL]	TOTAL	PLACE
53Kg - Subjunior									
1	PRATHAMESH GHARE	THANE	51	40	45X	45	45	45	1
59Kg - Subjunior									
1	DESAI AUM	PALGHAR	56.6	85	95X	95X	85	85	1
59Kg - Junior									
1	BIMAL THAPA	SUB- MUMBAI	56.7	100	110	120	120	120	1
2	SHARDUL BHUVAD	RATNAGIRI	59	85	85X	90X	85	85	2
59Kg - MASTER I									
1	MAHESH PATIL	RATNAGIRI	58.7	85	87.5	90X	87.5	87.5	1
59Kg - MASTER III									
1	GOPINATH PAWAR	SUB- MUMBAI	56.9	75	82.5	87.5	87.5	87.5	1
66Kg - Subjunior									
1	AKSHAY PRAJAPATI	SUB- MUMBAI	65.8	127.5	132.5	135	135	135	1
2	RAVIRAJ GHADGE	RAIGAD	62.6	100	105	110	110	110	2
66Kg - Junior									
1	JAMEEL KHAN	SUB- MUMBAI	62.7	110	115	117.5	117.5	117.5	2
2	ADITYA KONDRA	PUNE	65.1	125	132.5	140	140	140	1
3	PRATHAMESH BANDRE	PALGHAR	64.8	90	97.5	105	105	105	3
66Kg - MASTER-I									
1	SANTOSH GAWADE	RAIGAD	60.2	50	62.5	72.5	72.5	72.5	2
2	T. UMAMAHESWARA RAO	THANE	65.9	115	125	130X	125	125	1
74Kg - SUBJUNIOR									
1	AKSHAY MEHENDALE	PUNE	72.1	100	107.5	110	110	110	1
74Kg - MASTERS I									
1	ASHOK MATE	PUNE	72.7	115	120	122.5	122.5	122.5	2
2	NITIN MHALASKAR	PUNE	73	135X	135	140	140	140	1
74Kg - MASTERS II									
1	RAJENDRA SAWANT	MUMBAI	71.6	92.5	100	102.5	102.5	102.5	1
83Kg - SUBJUNIOR									
1	KARTIK NAYAR	SUB- MUMBAI	83	110	117.5	122.5	122.5	122.5	1
2	VIVEK SAMBRE	THANE	76.7	60	NT	NT	60	60	2
83Kg - JUNIOR									
1	MAYUR DHANVI	PALGHAR	82.6	120	120	137.5	137.5	137.5	1
2	ABHISHEK MEHENDALE	PUNE	77.7	110X	110	115	115	115	3
3	SAUTRIK KAR	NEW MUMBAI	74.2	130X	130	135	135	135	2
4	TATHAGAT DHAGE	THANE	75.8	60	70	75	75	75	4
83Kg - MASTERS I									
1	SANTOSH BANDRE	MUMBAI	76.3	125	132.5X	N.T	125	125	1
83Kg - MASTERS II									
1	RAJESH RAWLE	MUMBAI	78.2	125	140	150	150	150	1
93Kg - SUBJUNIOR									
1	NILESH DESHMUKH	THANE	87.1	85	92.5	100X	92.5	92.5	1
93Kg - JUNIOR									
1	SAHIL SHAIKH	BEED	92.1	160	175	185X	175	175	1
2	VEDAKSHA WAGH	MUMBAI	93	155X	155	177.5	177.5	177.5	2
3	PRITAM BHASKAR	MUMBAI	89.1	115	120	130	130	130	3
4	SIDDHANT KADAM	TAHNE	86	75X	75	90	90	90	4
93Kg - MASTERS I									
1	RAJHANS MEHENDALE	PUNE	86.7	90	130	142.5	142.5	142.5	1
93Kg - MASTERS II									
1	S. ARUNACHALAM	MUMBAI	89.2	120	130	135	135	135	1

93Kg - MASTERS III									
1	THOMAS ANTHONY	SUB- MUMBAI	84.7	52.5	57.5	60X	57.5	57.5	1
105Kg - JUNIOR									
1	HARSHWARDHAN KHARADE	PUNE	93.4	140	150X	150	150	150	1
105Kg - MASTER III									
1	PRAKASH BHOIR	MUMBAI	98.9	95	102.5	107.5	107.5	107.5	1
120Kg - JUNIOR									
1	SAGAR MIRASHI	MUMBAI	110	155	162.5	170	170	170	1
2	ADITYA SUKHANDE	MUMBAI	115	105X	115	125	125	125	2
120Kg - MASTER I									
1	GIRISH BINJWE	PUNE	105.3	125	130	135X	130	130	1
120+Kg - JUNIOR									
1	MAHESH RASKAR	NAVI MUMBAI	145	135	145	150	150	150	1
WOMEN									
43Kg - SUBJUNIOR									
1	MANSI GHARAT	THANE	40.8	22.5	NT	NT	22.5	22.5	1
43Kg - JUNIOR									
1	SUSHMITA DESHMUKH	THANE	42.2	52.5	60X	55	55	55	1
52Kg - SUBJUNIOR									
1	GAYATRI KADAM	THANE	51.9	40	45	50X	45	45	1
52Kg - JUNIOR									
1	DHANASHREE SHELAR	RATNAGIRI	49.6	45	50	52.5	52.5	52.5	1
52Kg - MASTER I									
1	SUVARNA SHINDE		52	45	52.5	60X	52.5	52.5	1
52Kg - SUBJUNIOR									
1	SANNA SHAIKH	THANE	53.3	30	32.5	35	35	35	2
2	DHANASHREE MAHADIK	RATNAGIRI	55.5	65X	65	70	70	70	1
63Kg - JUNIOR									
1	MURREL GOMES	PALGHAR	59.1	50	55	60X	55	55	3
2	PRAJAKTA DETHE	PUNE	62.2	22.5			22.5	22.5	4
3	PRADNYA PAWAR	RAIGAD	62.9				0	0	2
4	HRITVIKA SARESAI	MUMBAI	63				0	0	1
72Kg - JUNIOR									
1	UNATTI SONAVNE	PALGHAR	66.2	50	55	60	60	60	2
2	CHANDRAKALA SALVI	SUB- MUMBAI	71	70	77.5X	77.5X	70	70	1
72Kg - MASTER I									
1	JYOTI BHATEKAR	PUNE	67	30	32.5	35	35	35	
84Kg - JUNIOR									
1	ANUJA SAWANT	RATNAGIRI	82	115	120X	120	120	120	1
84Kg - MASTER I									
1	RANJITA MISHRA	SUB- MUMBAI	73.4	57.5	62.5X	62.5X	57.5	57.5	1
84+Kg - JUNIOR									
1	PRATIKSHA SALVI	RATNAGIRI	85.1	95	102.5	107.5	107.5	107.5	1